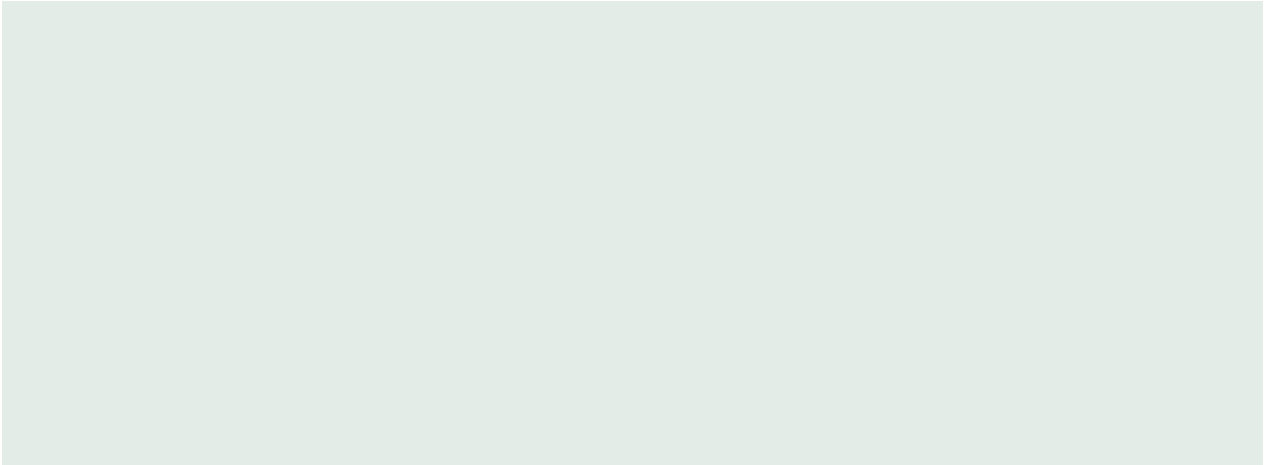
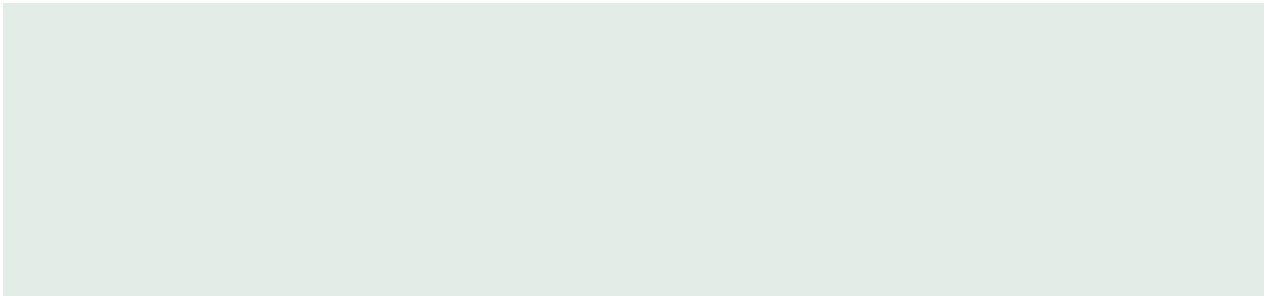


FOOD MEMORIES WORKSHEET

Think of a tradition that involves food that you have had to give up.



Now think of a new one you can make involving gluten-free food?



What is more important? The food itself or the memory and feelings associated with that food?

